



# 10 Facts About COVID-19 Vaccines

Share this information with friends, relatives and neighbors who may be looking for more information to make an informed decision.

- 1 Vaccines are safe.**

The vaccines approved for emergency use have been thoroughly tested and reviewed by the U.S. Food and Drug Administration.
- 2 The best vaccine is the one offered to you.**

All of the vaccines have been shown to prevent nearly 100% of hospitalizations and deaths.
- 3 You cannot catch COVID-19 from the vaccines.**

The vaccines teach your body how to fight off COVID-19, but do not contain the coronavirus. Scientists have studied the technology behind the COVID-19 vaccines for 20 years. This is why they were able to create the vaccines so quickly.
- 4 Side effects are moderate.**

Most people experience minimal or no side effects. The most common side effect is arm soreness. Some people experience a low-grade fever or headaches, which can be treated with over-the-counter pain relievers.
- 5 There is no charge and limited information is collected.**

The vaccine is free. You do not need to show ID and proof of citizenship is not required.
- 6 The vaccines do not affect fertility.**

The vaccines do not affect male or female fertility, and the American Society for Reproductive Medicine says you do not need to delay conception or fertility treatment if you get vaccinated.
- 7 Most people can safely receive the vaccines.**

People with most medical conditions can safely receive the vaccines. Everyone is monitored for 15 minutes to ensure their safety, while those with a history of allergies are monitored for 30 minutes. Pregnant women and those with certain conditions should discuss the vaccines with their physician.
- 8 If you have had COVID-19, you should still get a vaccine.**

The vaccines provide stronger immunity than the virus itself.
- 9 Make a plan.**

If you are hesitant or have a fear of needles, making a plan can help. Consider the one-dose Johnson & Johnson vaccine. Distract yourself by listening to music on your phone or plan a reward for yourself.
- 10 Vaccines help us return to normal.**

Getting a COVID-19 vaccine will help you and people you love get your lives back. Protect the people you care about so we can all put the pandemic behind us.